



Synod Prayer

Sunday 21st October – The Mass, Source and Summit of Christian Life

Lord Jesus Christ, You continue to give Yourself to the Church and to the world, and to each one of us, in so many ways. In the Eucharist You show us Your infinite generosity and love by feeding us with Your Body, Blood, Soul and Divinity.

When we are searching for you, help us to find you in the Mass. When we are feeling lost or apathetic, stir up in us the fire of Your love. When we are seeking answers or reassurance, open our eyes to see you in the Blessed Sacrament. Finding You, knowing You, and loving You in the Eucharist may we hear and live the call to go from the Mass to announce the Good News to all Your people.